



Altrincham Grammar School for Boys

Marlborough Road, Bowdon, Altrincham,

Cheshire, WA14 2RS

Telephone: 0161 928 0858

agsbadmin@agsb.co.uk

www.agsb.co.uk

Head Master: Mr G A Wright M.A. (Hons) FRSA

22nd October 2021

Dear Parents, Carers and Students

Co-Curricular Enrichment at AGSB

In school this week we have been highlighting the benefits of co-curricular enrichment in Assemblies and through 'Thought For The Week'. Co-curricular enrichment is a very important aspect of life in any school, but especially here at AGSB.

I recently completed an audit of what opportunities we have at AGSB and I hope you agree, the findings were very impressive. We are proud to be able to offer a vast variety and volume of provision.

Volume

In a typical week at AGSB, we have this volume of provision.

| Year | Sport (not even including fixtures and tours) | Music (not even including concerts and shows) | Co-Curricular (not even including Trips and Visits) |
|------|---|---|---|
| 7 | 12 hours 30 minutes | 7 hours | 28 hours 30 minutes |
| 8 | 10 hours 40 minutes | 7 hours 30 minutes | 28 hours 10 minutes |
| 9 | 17 hours | 8 hours | 27 hours 20 minutes |
| 10 | 13 hours 40 minutes | 9 Hours | 27 hours 30 minutes |
| 11 | 13 hours 40 minutes | 9 hours | 30 hours |
| 12 | 12 hours 50 minutes | 8 hours 30 minutes | 31 hours 30 minutes |
| 13 | 12 hours 50 minutes | 8 hours 30 minutes | 31 hours 30 minutes |

Variety

Academic groups, Inclusivity groups, Religious Societies, Creative/Artistic Clubs, Music Groups, Sports Teams, Sports Recreation, Ecological Clubs, Games & Gaming Clubs, Public Speaking & Debating, Political/Philosophical/World affairs forums, Clubs that supplement the Curriculum, Trips and visits, House competitions, Charitable societies & events, School council & Pupil voice.

Please click these links to investigate further what we have on offer

[House Events](#)

[Extra-curricular Activities](#)

[Music Extra-curricular Activities](#)

SPORTS

There are so many benefits of Co-curricular engagement to the pupils. Below are listed some of the key areas; Confidence, Teamwork, Responsibility, Leadership, Accountability, Diligence, Respect, Inclusivity (Race, Religion, Gender, Sexual Orientation), Active citizens, Social cohesion, and Morality. Developing British Values of democracy, liberty, tolerance, law abiding.

I would encourage pupils to have discussions at home to reflect upon their involvement in co-curricular enrichment and aspire to increase their involvement. Try something new, push comfort zones, meet new like-minded people, and grow as an individual.

Yours faithfully

M Soulsby

Mr M Soulsby
Assistant Head (Development)